The Wolds Federation

Executive Headteacher Mrs E Harros

www.thewoldsfederation.co.uk

12th June 2025

Dear Parents/Carers,

Puberty/Growing Up Talk

On Tuesday 8th July, the school nurse will be visiting school to deliver a puberty and growing up talk to Year 6 children and a period talk to Year 5 & 6 girls. There will also be a member of the school staff present throughout the talk.

The modules that will be delivered are:
Introduction
What is puberty?
What happens to boys?
What happens to girls?
Looking after you

We have not opted to cover the how babies are made module.

After the growing up talk the school nurse will take the Year 5 & 6 girls only to discuss periods and answer any questions they may have.

There is a link https://www.healthpromotion.ie/health/inner/busy_bodies which can be used to view the DVD that will be shown to your child.

Please complete the consent slip below and return it to school by Friday 4th July.

Yours faithfully,

E Harros
Mrs E Harros
Executive Headteacher

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Puberty/Growing Up Talk

Child's Name: .....

☐ I give permission for my child to participate in the Year 6 puberty/growing up talk

☐ I do not give permission for my child to participate in the Year 6 puberty/growing up talk

☐ I give permission for my child to participate in the Year 5 & 6 girls changes to the body talk

☐ I do not give permission for my child to participate in the Year 5 & 6 girls changes to the body talk

Signed: ..... (Parent/Carer)

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